



From Prostitute to Lawyer, Francine Ward Has Beaten the Odds

Motivational speaker, life coach and attorney, Francine Ward has overcome obstacles most people would consider impossible.

- At fourteen, she was a heroin addict and a practicing alcoholic; today she's twenty-six years clean and sober.
- At eighteen, she was a high school dropout who lived homeless on the streets of New York; today Ward's a graduate of Georgetown University Law Center and owns her own home.
- At twenty-one, she was a prostitute selling her body to support her drug and alcohol habits; today Ward is a lawyer, a successful entrepreneur, a loving wife, and a twice-published author.
- At twenty-six, she was hit by a car and told she'd never walk again; in her early forties, she ran two 26.2-mile marathons.
- At twenty-eight, she was the poster child for someone who is selfish, self-centered, and self-absorbed; today, at fifty-three, her life is about being of service to others.

The author of *Esteemable Acts: 10 Actions for Building Real Self-Esteem* and *52 Weeks of Esteemable Acts: A Guide to Right Living*, Francine has been featured in the *Chicago Tribune*, *Washington Post*, *Black Enterprise* and *Heart & Soul*. She's also appeared on *The Tavis Smiley Show*, *Good Day New York*, *Good Day Atlanta* and more!

www.EsteemableActs.com



Invite Francine to Speak at Your Next Meeting or Event!



Francine would love to share her powerful story with your association's members or your company's employees. She'd be a great guest speaker for your training, conference, or meeting for many reasons:

1. Association members love her!

Over the years, Francine has received hundreds of moving testimonials from conference attendees who've heard her speak. They relate to her human struggles with self-esteem, they admire her amazing triumph over adversity, and they respect her honesty. See for yourself:

2. She's not boring.

Francine's riveting life story-which includes a period of drug and alcohol addiction as well as prostitution-will captivate your audience. Plus, she's warm and funny. You'll laugh, cry and, most of all, learn.

3. Her no-nonsense advice is clear and to-the point.

For over 20 years, Francine has researched human behavior and success through talking to, consulting with and coaching people from all walks of life. As a result, this is what she's discovered:

- Our beliefs determine our outcomes.
- Real change doesn't happen over night.
- Each time we overcome an obstacle or do something we're afraid to do, we feel better about ourselves.
- Conscious, consistent, daily action is the key to success.
- Failure is an opportunity to get to the next level in life.
- There is hope for all of us when we are willing to take some specific action.

4. Self-esteem is her focus, but “action” is her theme.

But walking through fear is the way to get there. Low self-esteem is a common problem and Francine-having "been there"-has written two books on the topic: Esteemable Acts: 10 Actions for Building Real Self-Esteem and 52 Weeks of Esteemable Acts: A Guide to Right Living. Francine's compelling message of walking through fear-one baby step at a time-is a courageous, easy-to-adopt strategy for building self-esteem.

5. She's accessible.

Francine doesn't just "fly in and fly out." Both before and after her presentation, she takes the time to meet with the audience, engage in conversation and personally thank them for their attendance. She really loves meeting new people!

Bottom Line: Francine inspires! Whether describing how she overcame her past or revealing the secret to her current success, Francine Ward will motivate your audience to take action toward their goals and be inspired to want to remove the word "can't" from their vocabulary.

Still unsure about booking Francine? Here are some ways in which your association or company can utilize Francine's presentation:

- As a keynote speaker for a special event such as a conference, incentive program, training program, board retreat, dedication ceremony for a new building or a historical event, or an awards banquet
- As a trainer dealing with such topics as Self-esteem, Change Management, Employment Law, CyberLaw, Substance Abuse
- As an MC for an awards event
- As an Executive Coach

To find out how Francine can encourage your members and employees, call 415-389-0975 today!

www.EsteemableActs.com

TESTIMONIALS

"She's a testament to how one can turn it around even when life and others tell you that you can't."

-- Tavis Smiley

The Tavis Smiley Show

"Your participation as the keynote speaker certainly helped make our program a great success. We enjoyed your powerful and moving presentation and applaud your ability to captivate an audience. You were dynamic!"

-- Linda Kellow, Concord BHAC Program Chairperson

ChevronTexaco

"I hope that you found your short time at the United Nations as fulfilling as we found your presentation. You are living proof that people can overcome their greatest obstacles, even when some of these obstacles lie within."

-- Cheryl B. Larsen, President

Group on Equal Rights for Women in the United Nations

"Thank you for one of the finest presentations in Stockton Women's Network's 22-year history. Your message deeply touched us all. The proof of that is the standing ovation you received and the fact that you sold over 60 hard-cover books to a crowd of nearly 150."

-- Jo Marengo, Program Coordinator

Stockton Women's Network

"Your professional and engaging manner won over a tough audience - the managing partners, hiring partners and administrators of Columbus' top 20 law firms."

-- Alexander Lagusch, Executive Director

Columbus Bar Association

"I appreciated your artful ability to combine honesty and thoughtfulness."

-- Carroll L. Hall, Ph.D, Director of Quality and Process Improvement

CTB/McGraw-Hill

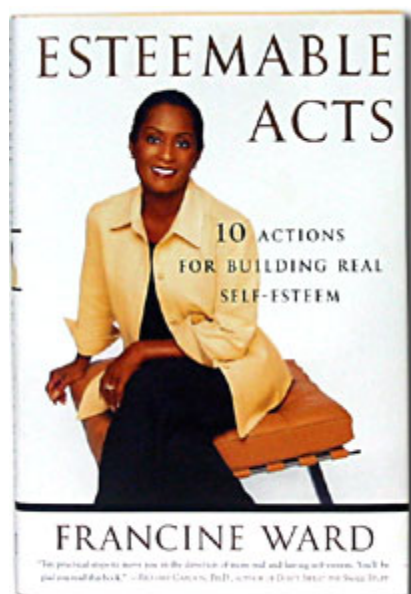
"Everyone felt spiritually blessed by your warmth, your sincerity, and your humor and people were truly moved by your victim to victor story. After seeing the long lines for the book signing, I was not surprised to learn that your books sold out."

-- Linda Puryear, Executive Director

Renaissance Unity

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WHAT PEOPLE SAY ABOUT ESTEEMABLE ACTS



"Ten practical steps to move you in the direction of more real and lasting self-esteem. You'll be glad you read this book."

--Richard Carlson, PhD, Author of *Don't Sweat the Small Stuff*

"Francine Ward is fearless! At once practical and inspirational, ESTEEMABLE ACTS makes you believe you can be as courageous as she is."

--David A. Fryxell, Editor-in-Chief, *Writer's Digest*

"Francine Ward's life is a testament to the fact that the most important thing we can do is to love ourselves and to be fully authentic, only then can miracles happen."

--Jack Canfield, Co-Author of the bestselling *Chicken Soup for the Soul* series and Co-founder of the National Association for Self-Esteem

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